

# Amerifit NUTRITION

January 4, 2005

CFSAN  
Mail Stop HFS-800  
5100 Paint Branch Parkway  
College Park MD 20740

JAN 31 2005

To Whom It May Concern:

In compliance with the Dietary Supplement Health and Education Act of 1994 and its various subsequent requirements, Amerifit Nutrition is pleased to submit the following structure/function claims made for its:

*Flex Able / Glucosamine & Chondroitin Drink Mix*

"Actively help support joint flexibility . . . "

" . . . to help promote healthy joints and alleviate minor joint discomfort due to aging or exercise"

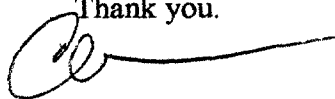
" . . . play a role in the health and resiliency of joints . . . helps build cartilage to maintain range of motion and joint flexibility"

" . . . supports ease of movement by lubricating joint membranes . . . helps maintain joint connective tissue"

" . . . helps neutralize free radicals in joint tissue . . . (Vitamin C is) necessary for the formation of collagen"

"Supports Healthy Joints"

Thank you.



Craig R. Larsen, Esq.  
In House Counsel

97S 0162

LET

15408

90727